



Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
Robins	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness Visit from Coram Life Education – Healthy Me	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping my body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Kingfishers (Y1) Cycle A	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help Visit from Coram Life Education – Healthy Eating	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Kingfishers (Y2) Cycle B	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills Visit from Coram Life Education – Medicine safety	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Owls (Y3) Cycle A	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community Visit from Coram Life Education – Self esteem	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
Owls (Y4) Cycle B	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference)	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences	Making a difference (different ways of helping others or the environment) Media influence	Having choices and making decisions about my health Taking care of my environment	Body changes during puberty Managing difficult feelings

		Understanding and challenging stereotypes Visit from Coram Life Education – Good to be Me	Online safety Into the net – Yr 4	Decisions about spending money	My skills and interests	Relationships including marriage
Eagles (Y5) Cycle A	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media Visit from Coram Life Education – Relationships	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills Community Beat officers Visit	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
Eagles (Y6) Cycle B	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping Visit from Coram Life Education – Friendship	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law) Community Beat officers visit	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Sex education Self-esteem
Whole School Awareness Cycle A	Fairtrade Fortnight – September	Black History Month – October Anti Bullying Week – November	Children’s Mental Health Week – February – sessions throughout the week.	Earth Day – 22 nd April – linked to Global Goals	Our Healthy School Week – wake up, shake up.	NSPCC – PANTS – class activity and parents to receive information. Refugee Week 16 th -22 nd June
Whole School Awareness Cycle B	National Braille Week – October – linked to blindness.	Black History Month – October Anti Bullying Week – November	Children’s Mental Health Week – February – sessions throughout the week.	HSBC Visit – Finance and Economic Awareness	Our Healthy School Week – wake up, shake up.	NSPCC – PANTS – class activity and parents to receive information.
Whole School Assemblies	Picture News weekly Key Stage assemblies weekly					

No Outsiders themed lessons – see overview on Personal Development page	1 book taught explicitly every half term. No Outsiders has three core values: <ul style="list-style-type: none">• Respect for diversity through education in schools;• Commitment to community cohesion through understanding and acceptance of difference;• Promotion of dialogue to counter fear and hate in society.
Termly Whole School Initiatives (in addition to curriculum):	<ul style="list-style-type: none">• Big Friends, Little Friends• My Happy Minds – Weekly 30 minute sessions• Forest School – Weekly for Robins and Twice Yearly for Kingfishers, Owls and Eagles• A range of lunchtime and after school clubs on offer to all children• Range of opportunities to represent school at internal and external events