



Dear Parents / Carers,

### **Important information regarding your child's Mini First Aid Early Years session: 'First Aid with Freddie'**

As the largest children's first aid training provider in the UK, we are excited to meet your child and teach them all about first aid! Fresh from our BBC's Dragons' Den success where we won over our dragon, TV's Sara Davies, we cannot wait to deliver vital first aid training to as many children as possible. The class will be delivered in your childcare setting/school by our fully risk assessed and DBS checked trainers, and will cover keeping safe in an emergency and calling 999, and how to help with bleeding, bumps, and poorly people who won't wake up.

#### **What you need to do before the session:**

**We will be taking care of an accident prone teddy! If your child is allergic to hypoallergenic plasters, please make sure your childcare setting / school is informed.**

**We will practice calling 999 with toy phones, and highlight the importance of knowing and being able to clearly state your home address. Please practise this with your child at home in preparation for their session.** (We make it very clear in our sessions that 999 is not for playing, and to only call the number in a real-life emergency)

#### **What you need to do after the session:**

- Complete the Mini First Aid Kids booklet which your child will bring home – this helps them share their learning with you and commit what they have learnt to memory
- Show them how to use your home or mobile phone to call 999, and make sure they know your home address off by heart
- You can help reinforce the messages used in class with our first aid themed story book 'The Mini Adventures of Freddie', available here
- Proudly display your child's first aider certificate!

If you'd like to stay up to date with children's health advice and first aid knowledge, sign up for our free newsletter at <https://www.minifirstaid.co.uk/subscribe>

And if you feel like YOU need to know what to do in a first aid emergency, sign up to our 2 hour adult class at <https://www.minifirstaid.co.uk/classes>

Thank you for the opportunity to train your child in life-saving first aid and create a new generation of first aid superheroes!

Many thanks  
Anna Choudhry



FIRST AID FOR ALL THE FAMILY

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