



**GRETTON
PRIMARY
SCHOOL**

**Gretton
Cheltenham
Gloucestershire
GL54 5EY
Telephone: 01242 602679**

Headteacher: Mr Adam Sallis MEd, NASEN, NPQH

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Friday 16th May 2025

Dear Parents/Carers,

Promoting the health and well-being of our pupils is an important part of their overall education. We do this through our weekly Relationships and Health Education (RHE) programme. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

After May half-term, all classes will be receiving some of the relationships and sex education (RSE) aspect of our RHE programme. This programme is designed to help children make healthy choices and keep themselves safe during their school years and beyond. From September 2020, Relationships and Health Education became compulsory in all primary schools and parents/carers do not have the right to withdraw their children from these subjects. We believe that this work is an important part of safeguarding children as knowledge empowers them, helps them to stay safe and understand why and how their bodies will change. We recognise that parents and carers play a vital part in their child's RSE, and we encourage you to discuss these lessons with your child at home as well.

Appropriate questions that children might ask during the sessions will be answered honestly, factually and in the context of safe, supportive, and caring relationships. We will provide each class with an 'Ask it' box for those children who may prefer to ask questions anonymously. Each pupil's privacy will be respected, ground rules will be established and no one will be asked to discuss personal information. All resources that will be used have been reviewed by the school for their suitability and tailored to suit the age and stage of our children. Years 3, 4, 5 and 6 will be taught as individual year groups for these lessons to ensure that the children are being provided with the appropriate lessons for their age.

Why is this RSHE curriculum needed?

There are four main aims for teaching RSHE within the context of Primary School PSHE:

- More than ever before, children are exposed to representations of sex and sexuality through the social culture around them. The unregulated content on the internet or social media can mean children may be exposed to dangerous, confusing or inaccurate content. We can prepare them for this by presenting a balanced view of positive healthy relationships to help them to be discerning and to stay safe.
- There is much independent research showing most parents and carers value the support of schools in providing Relationship and Sex Education for their children. Parents and schools want children to be safe and happy.
- A range of independent research consistently shows that age-appropriate sex education 'delays the onset of sexual activity' and reduces risk-taking in young people.
- Surveys of children and young people, as well as Ofsted, have repeatedly said that Relationship and Sex Education tends to be "too little, too late and too biological". This is one of the many reasons why the Department for Education has made Relationships and Health Education compulsory in primary schools from September 2020, with an emphasis on Relationships Education and recommends age-appropriate sex education.



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For Parents of children in Year 6 ONLY

At Gretton Primary School, we define 'sex education' to mean 'human reproduction'. This is in line with the SCARF Scheme of work that we use in school. Parents **do have the right to withdraw** their child from particular lessons which include human reproduction. If you do wish to withdraw your child from the human reproduction parts in Year 6 lessons then please come and see us to discuss this.

Please find attached, further details about the coverage of these lessons for each class. I have also printed copies of the individual lesson plans for each class which are available in the school office for you to read should you wish to do so. If you do have any questions, we would ask you to refer these directly to your child's class teacher in the first instance or contact myself or Mr Sallis who will always be happy to support you.

Many thanks,

Alli Dodd
PSHE Lead