

I hope that you and your families are all well. This short half term has certainly flown by! This month's SEND and wellbeing newsletter will be focussed on transition and support for social, emotional and mental health needs. I am in school on Wednesdays and Fridays again next half term and I am always happy to meet with you during these times to discuss any questions or concerns that you may have. If you wish to contact me at any other time, please feel free to do so, either by emailing me - [adodd@gretton.gloucs.sch.uk](mailto:adodd@gretton.gloucs.sch.uk) or phoning the school office. Wishing you all a wonderful sunny May half term. Mrs Alison Dodd, SENDCo



As we get closer to the end of the school year, we know that moving up to a new class or on to a new school, can be both exciting and a little nerve-wracking for some children. Whether it's a new teacher, new classmates, or just the idea of change—it's perfectly normal for children (and parents!) to feel a mix of emotions.

Here are some of the ways we help make the move as smooth as possible:

#### Moving classes within school

- **Meet their new Teacher:** Children will have time to meet their new teacher and TA and spend an afternoon in their new classrooms with their new teacher, TA and classmates.
- **Talking it Through:** Teachers will talk to the class about what to expect and answer any questions the children may have.
- **Passing on information:** Teachers meet to share important info about each child, so nothing gets missed.

#### Moving to Secondary School

- **Visits & Induction Days:** Year 6 children have dates set to visit their new schools, to explore, meet teachers, and try activities—helping ease nerves and build excitement.
- **Information Sharing Between Schools:** School staff have arranged to meet with Secondary schools to pass on information about each child's learning needs, strengths, and support so secondary schools are ready to help from day one.
- **Classroom Preparation: During the next half term,** year 6 children will spend time talking about what to expect, to help the children feel ready for the change through discussions and activities.

#### How You Can Help at Home

- **Stay Positive:** Talk about the move in an upbeat way. Highlight the new things they'll learn and enjoy.
- **Share Stories:** Remind them of other times they tried something new and it turned out well.
- **Listen:** Let your child talk about how they feel. It's okay if they're nervous!
- **Keep Routines Steady:** A consistent routine helps children feel secure during times of change.

Transitions are a natural part of growing and learning, and we're here every step of the way to support your child as they take this next step. If you have any concerns or questions, please don't hesitate to speak to us.



#### SEND Survey

We need your feedback! We're asking parents and carers to complete a short questionnaire about Special Educational Needs and Disabilities (SEND at Gretton Primary School). Your views are important and will help us improve the support and services we provide. Please take a few minutes to share your thoughts.

Thank you! <https://forms.office.com/e/Z7TcXx0pfh>

"I've come away each week with new tools to try and I've made new friends with other parents in the group"



Worried about your child's wellbeing?

### Parent & Carer Support Workshops

Join our FREE interactive tailored sessions for Gloucestershire parents & carers of ages 11-18. Weekly sessions, 1.5 hours each, daytime or evening. You can access these sessions in Cheltenham, Gloucester, Tewkesbury, Stroud, Forest of Dean or online.

### Parent & Carer Support Advice Line

If you're supporting someone who is 25 years old and under, living in Gloucestershire, drop-in to our free, anonymous confidential helpline during open times and talk to one of our trained parent support advisors.

A safe space to talk, share, hope



hello@talkwell.org.uk

www.talkwell.org.uk

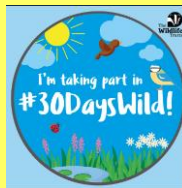
You may have heard, or even seen in the local media, that TIC+ have now become Talk Well following a rebrand! Talk well are dedicated to supporting children in Gloucestershire. Talk Well support children from the age of 9-25 by offering counselling, workshops and an advice line. Further details can be found [here](#).



I recently wrote to you about play therapy support in school. Play therapy provides children with a safe and comfortable space to explore their feelings, practice new behaviours, and gain a better understanding of their inner world. It is an effective tool for:

Building emotional resilience, Enhancing social and emotional skills, Improving self-regulation and coping strategies and Addressing challenges such as anxiety, sadness, anger, and behavioural difficulties

If you feel that your child may benefit from private play therapy sessions, please contact Hannah Young directly at [beyondthelookingglasspt@gmail.com](mailto:beyondthelookingglasspt@gmail.com) Further details about her services can be found [here](#). Please do get in touch if you would like to discuss your child's specific needs and how play therapy may support their development.



## 30 days wild

As parents, we all know the importance of spending time outside in nature and the positive impact that this has on our mental health. 30 Days Wild is The Wildlife Trusts' annual challenge event, where everyone involved does one wild thing a day throughout the month of June. It is completely free to sign up to and this year the challenge not only has weekly themes but it also has activity suggestions for each day in June which focus on providing easy and fun opportunities to be mindful in nature and enjoy the positive impact that nature brings to us all. The activities are suitable for adults and children of all ages. Further details can be found here [30 Days Wild | The Wildlife Trusts](#)

### Useful links

Please see below for agencies and details of further support available to families.

- SEND Information report - <https://www.gretton.gloucs.sch.uk/attachments/download.asp?file=329&type=pdf>
- SENDiass provide information, advice and support on matters relating to children and young people with special educational needs and disabilities. The service is offered to parents and carers of children and young people aged between 0 and 25 years old. <https://sendiassglos.org.uk/>
- Early Help - [https://www.glofamiliedirectory.org.uk/kb5/gloucs/glofamiliedirectory/family.page?familychannel=1\\_1](https://www.glofamiliedirectory.org.uk/kb5/gloucs/glofamiliedirectory/family.page?familychannel=1_1)
- Gloucestershire families directory - The Service offers a wide range of information to support families, children and young people from 0 – 19 years of age (25 for young people with additional needs) They can also provide information on family support, tax credits, benefits, funding and much, much more. <https://www.glofamiliedirectory.org.uk/kb5/gloucs/glofamiliedirectory/home.page>
- Gloucestershire support for families with SEND - [Glofamiliedirectory | Support for Families with SEND - Gloucestershire's Local Offer for Parent & Carers](#)