

I hope that you and your families are all well and have enjoyed these glorious days filled with sunshine. This month's SEND and Wellbeing newsletter is focussed on supporting transition and external support for children and families. I have also added details about the My Happy Mind accreditation and our school Amazon Wish list. I am in school again on Wednesdays and Thursdays for the remainder of this term and I am always happy to meet with you during these times to discuss any questions or concerns that you may have. If you wish to contact me at any other time, please feel free to do so, either by emailing me - adodd@gretton.gloucs.sch.uk or calling the school. Best Wishes. Mrs Alison Dodd, SENDCo



Returning to school in September can cause some children to feel a mixture of excitement, nerves and anxiety. Transitions that may be perceived as small or simple by adults, can be very challenging for some children, whether that's moving to a new year group, moving on to Secondary school or meeting their new teacher.

A smooth transition is important for children's self-confidence, well-being and engagement. I have put together a few simple ways that you can help your child transition smoothly and feel excited about their next year in school.

- Establish a clear morning and after school routine which your child is involved in.
- Remind your child of positive changes that have happened in their lives so far and discuss what made them successful
- Remind them about the things that will not change at school e.g. year group friends, lunchtimes, assembly, dojo points etc.
- Keep us informed if your child is struggling. There are lots of ways that we can help.



Early Help

Early Help is about providing support to children, young people and their families as soon as problems begin to emerge, or when there is a strong likelihood that problems will start in the future. It is also about providing support at any and every stage of a child's life: pre-birth, during pregnancy, childhood or adolescence. Early Help believe that families are best supported by practitioners who are already working with them, as well as other organisations and services within their local community.

Early Help is an umbrella term that describes the work of many agencies engaged with children and families and focuses on how we can help people to do things for themselves and build on strengths within families. If we can get this right early on, at the right time, we get the opportunity to help people with areas of their life they may be struggling with, which sets people up for a better long-term future.

A request for Early help can be made by any practitioner who is supporting a family and by the family themselves. Families can contact Early Help via Gloucestershire Children's Helpdesk - Telephone 01452 426565 or E-mail Childrenshelpdesk@gloucestershire.gov.uk

We are always happy to discuss any difficulties that you or your child may be having and refer on to Early Help if we all feel that it would be beneficial. Please do feel free to come in to discuss this with myself or Mr Sallis or email us if you would like further information about the support that Early Help can provide.



Parents and Carers! We need you!

We are thrilled to let you know that we are applying to become a myHappyMind accredited school. The accreditation recognises schools and nurseries that are embedding the myHappyMind curriculum into their whole culture and taking real action to improve the mental health and wellbeing of the school community.

If we succeed, we will become an Accredited myHappyMind school and receive some amazing resources for the children to use in school.

As part of the application, we are asked to provide feedback from parents, so we would love your support! If you could please click the below link and provide myHappyMind with some feedback on the programme, we would really appreciate it.

The feedback form for parents and carers can be found [here](#).

Amazon Wishlist

The Amazon logo, consisting of the word 'amazon' in a lowercase sans-serif font with a curved arrow underneath it.

I have continued to add to our Amazon wish list which is specifically for resources to support our pupils with SEND and all children's wellbeing. The resources have all been recommended or researched and will benefit a huge number of pupils in our school. I have recently updated the list with some resources that will be useful for the children and staff during next academic year. Of course there is certainly no pressure to do so but if you should wish to purchase anything from our list, however small, please see the link here. We are most grateful for your support.

https://www.amazon.co.uk/hz/wishlist/ls/127QZ6FT6FC86?ref=wl_share

Useful links

Please see below for agencies and details of further support available to families.

- SEND Information report - <https://www.gretton.gloucs.sch.uk/wp-content/uploads/2023/10/SEND-Information-report-Sept-2023-1.pdf>
- SENDiass provide information, advice and support on matters relating to children and young people with special educational needs and disabilities. The service is offered to parents and carers of children and young people aged between 0 and 25 years old. <https://sendiassglos.org.uk/>
- Early Help - https://www.glosfamiliesdirectory.org.uk/kb5/gloucs/glosfamilies/family.page?familychannel=1_1
- Gloucestershire families directory - The Service offers a wide range of information to support families, children and young people from 0 – 19 years of age (25 for young people with additional needs) They can also provide information on family support, tax credits, benefits, funding and much, much more. <https://www.glosfamiliesdirectory.org.uk/kb5/gloucs/glosfamilies/home.page>
- Gloucestershire support for families with SEND - [Glosfamilies Directory | Support for Families with SEND - Gloucestershire's Local Offer for Parent & Carers](#)