

### **Intent**

At Gretton, Personal, Social, Health and Economic education (PSHE) enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Our curriculum focuses learning within areas such as:

- preparing children to be a global citizen now and in their future roles within a global community.
- spiritual, moral, cultural, mental and physical development of pupils which prepares them for the opportunities, responsibilities and experiences for later life.
- RSE so that children know more, remember more and understand more about Puberty and life changes.
- How to be safe and to understand and develop healthy relationships both now and in their future lives. Awareness of bullying and positive relationships within school.

**In line with the statutory guidance for PSHE, by the end of KS2 our children will learn:**

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict - in conjunction with our restorative practice approach
- Using correct terms for body parts - penis, testicles, vagina, vulva and breasts.

Discussion and group work - some aspects of the curriculum in Upper Key Stage 2 will be delivered in single sex groups with **each group** having access to all material.

## **IMPLEMENTATION**

Gretton's PSHE programme has been revised in line with DfE Statutory Guidelines.

### **Gretton PSHE SCARF Cycle A**

<b>Class</b>	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Robins</b>	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
<b>Kingfishers</b>	Me and My Relationships (Year 1)	Valuing Difference (Year 1)	Keeping Safe (Year 1)	Rights and Respect (Year 1)	Being My Best (Year 1)	Growing and Changing (Year 1)
<b>Owls</b>	Me and My Relationships (Year 3)	Valuing Difference (Year 3)	Keeping Safe (Year 3)	Rights and Respect (Year 3)	Being My Best (Year 3)	Growing and Changing (Year 3)
<b>Eagles</b>	Me and My Relationships (Year 5)	Valuing Difference (Year 5)	Keeping Safe (Year 5)	Rights and Respect (Year 5)	Being My Best (Year 5)	Growing and Changing (Year 5)

### **Gretton PSHE SCARF Cycle B**

<b>Class</b>	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Robins</b>	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
<b>Kingfishers</b>	Me and My Relationships (Year 2)	Valuing Difference (Year 2)	Keeping Safe (Year 2)	Rights and Respect (Year 2)	Being My Best (Year 2)	Growing and Changing (Year 2)
<b>Owls</b>	Me and My Relationships (Year 4)	Valuing Difference (Year 4)	Keeping Safe (Year 4)	Rights and Respect (Year 4)	Being My Best (Year 4)	Growing and Changing (Year 4)
<b>Eagles</b>	Me and My Relationships (Year 6)	Valuing Difference (Year 6)	Keeping Safe (Year 6)	Rights and Respect (Year 6)	Being My Best (Year 6)	Growing and Changing (Year 6)

The teaching of this subject will be adapted as required to enable children with SEND to access this area of the curriculum, in line with their individual needs and through liaison with the school SENDCo.

## **IMPACT**

Children will know more and remember more about PSHE and RSE.

Children will demonstrate a healthy outlook towards school - attendance will be at least in-line with national and behaviour will be good.

The large majority of children will achieve age related expectations across the wider curriculum in addition to the core subjects.

Children will develop positive and healthy relationship with their peers both now and in the future.

Children will understand the physical aspects involved in RSE at an age appropriate level.

Children will have respect for themselves and others.

Children will have positive body images.