



**GRETTON
PRIMARY
SCHOOL**

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Happiness Heroes

Happiness Heroes is an exciting initiative that we are launching with My Happy Mind. It aims to empower a small team of pupils to become Gretton’s My Happy Mind Ambassadors who will lead the way in helping their fellow pupils look after their own mental health. The children will be encouraging other children to practise their happy breathing, help to plan wellbeing initiatives and generally spreading the word about wellbeing throughout our school. Happiness Heroes will meet together, with me, once every half term to discuss their views and opinions on my Happy mind and also help to plan future events. The happiness heroes will also receive a special badge and certificate too!

If your child would like to become a happiness hero for this academic year, please help them to complete the application form below and return to me by Friday 19th January. They could think about their own personal attributes, times when they have helped others and any skills that would help them in their role.

We will then look through the applications together and choose 1-2 children from each class. If your child is not selected this year, they will get another opportunity next year as we would like to ensure that all children receive the opportunity to become a happiness hero, if they would like to, during their time at Gretton.

Alison Dodd

SENDCo

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Name _____ Class _____

I would like to become a happiness hero because _____

Legal Information:
Gretton Primary School is a
company limited by
guarantee.
Company number:7836684